



# C M Y C

*THE FRIENDLIEST NEWSLETTER IN SUSSEX?*



AUGUST 2024



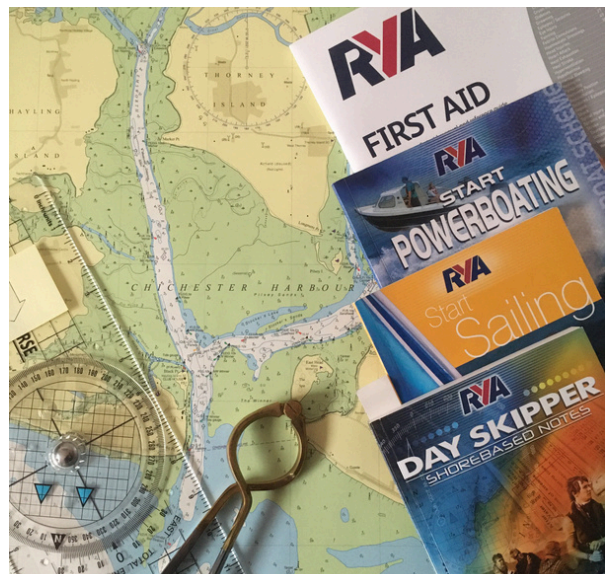


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## In the news

What a great month! The sun has come out, exams are over (for most at least), school has finished for summer, and we have taken delivery of another boat for you to try! Look for the **MAVERICK** advert later in this edition.

The previous loan boats from Sail-for-All will be returned this coming month and thanks go to those members that came forward and discussed how we can help some of our members continue to enjoy sailing for longer.

On this subject we welcomed Sarah-Jo to the management committee as she will help look at sailability and the 2025 strategy. She has already contributed to a bid to win funds for the Club, so thanks for that and “fingers crossed”.

We also started our first membership poll to seek your views on a range of subjects starting with strategy, and the results are included later in this edition of the newsletter. Be sure to click your response to this month’s question and we’ll share the results next time.

Lots continues to go on behind the scenes with improvements in the use of IT, electrical and fire safety and more. Two notable contributions are in the 2-4-6-8 item later in this edition and thanks also go to those that are helping formulate our 2025 Youth Development programme (aka *The Grebe Club*).

As a volunteer-based Club, we don’t ask much so please make sure you do your bit; from attending a duty, locking up (spinning the numbers so the code isn’t revealed), signing in your guests, taking your recycling home to washing, drying up *and* putting away your galley cups. It all helps, thank you.

July saw the completion of the NSSA event, and the last of the SailGP sessions as Season 4 came to an exciting end (*albeit like the football & tennis*), whereas August has lots on offer including the return of the most sought-after event, no not the Olympics – Junior Helm Week!

Have fun,  
Richard  
Commodore





## Sunday Socials

### First Sunday every Month from 10:30

This is a social that is all about enjoying a chat over a cuppa and a biscuit, an opportunity to ask about the Club, learn about its events and plans, meet other members, and watch some of the on-water events at the same time.

Some of these events will have themes...

Sunday 04 <sup>th</sup> Aug	10:30	<b>Come 4 coffee stay 2 Sail</b> <i>Coupled with Social Sail and Have a Go!</i> <b>And an opportunity to try the Maverick</b>
Sunday* 08 <sup>th</sup> Sept	10:30	<b>Come 4 coffee stay 2 Sail</b> <i>Coupled with Social Sail and Have a Go!</i>
Sunday* 20 <sup>th</sup> Oct	10:30	<b>Spectate in good company</b> <i>Coupled with Autumn Leaf</i>
Sunday 03 <sup>rd</sup> Nov	10:30	<b>Club insights and more</b> <i>Coupled with Autumn Leaf</i>
Sunday 01 <sup>st</sup> Dec	10:30	<b>Pre-Christmas Laughter</b> <i>Coupled with Autumn Leaf</i>

*\*Not the first Sunday this month*

...and they all include the friendly CMYC atmosphere that we are so well known for.

You are always welcome to come to any event, if only to say hello and watch the activities.

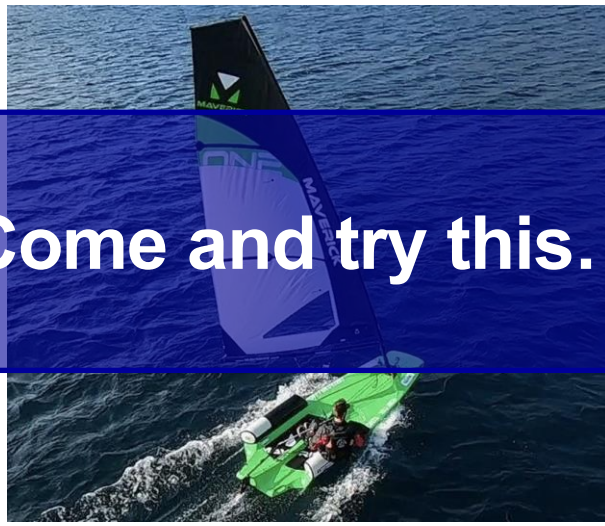
Join us and let us know what you'd recommend.

See you soon,  
Andy, Celina, Richard and Sarah-Jo





# Come and try this...



We have a Maverick to try!

This has been lent to us by Topper and is very cool and exciting.

But what is it?

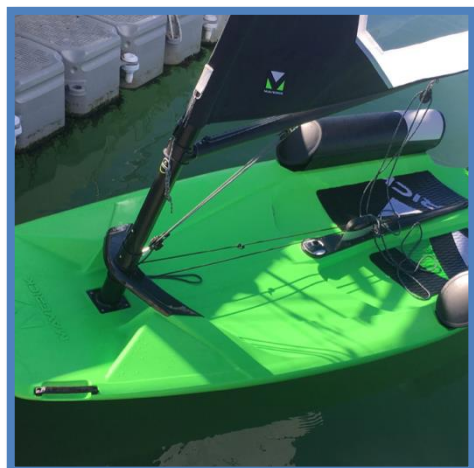
It is many things, offering SUP, Windsurf and Dinghy modes.



We have the dinghy rig with the 6.25m battened sail primarily aimed at the adults but Topper sailors should be fine in lighter winds – we are requesting you hold a Level 2 or Stage 2 certificate and be familiar with a centre fed main sheet system.

Come to one of the following and give it a try:

- ★ Sunday Social from 10:30 on 04<sup>th</sup> August
- ★ Social Sail from 14:00 on 04<sup>th</sup> August
- ★ Have a Go event from 14:30 on 04<sup>th</sup> August
- ★ Adult Saturday on 17<sup>th</sup> August
- ★ Beginners Race on 17<sup>th</sup> August from 13:30
- ★ One per Month Series 17<sup>th</sup> August from 15:00



**Please Advise** the [Commodore](#) of your date preferences to avoid disappointment. Availability is not guaranteed, please be sure to notify your interest. First come first served. Other dates may be available - please ask.





## 2 – 4 – 6 – 8 Who do we ...

Appreciation is given to the Tuesday Volunteer Group (TVG) who cleared the vegetation along the top of the Dam and along Mill Lane as shown below. It was a mammoth task, and 14 large bags were filled. The team included Dave C., Alan C., Don G., Brian C., and Steve D. Thanks TVG!



If this hadn't of been bought to our attention, we might not have ever known given it is at the other end of the lake.

Something else we don't all get to see is the annual RYA Inspection. Success here is vital if we are to continue providing the training etc., as an RYA Recognised Training Centre (RTC). Having witnessed this first hand this year I know what is involved and thanks go to our Training Principal Jeff S., for his dedication and diligence in helping us retain this important recognition – Thank you from all of Us.

Richard  
Commodore





# Family Cruise Camping Weekend



Family Cruise Camp Weekend  
Cobnor, Cobnor Estate  
Thursday 08th to Sunday 11th August

We are very fortunate that we have access to the Camping field on Cobnor Estate. There are a number of large fields, close to the slipway at Cobnor and we should have a corner to ourselves.

It is a tranquil and beautiful part of Chichester harbour with picture post-card views up the channel to Bosham Church. It is where King Canute is reputed to have attempted to exercise control over the tides. Cobnor point is a haven for birds and wildlife. We hope to mix Family camping with some sailing, socialising and harbour walks. We can also have a communal BBQ and/or a fish and chips evening.

Kayaks and SUPs are allowed for a modest launch fee. Dogs are also welcome. We aim to have a Support Boat on the Saturday crewed by our Commodore and John S. We have access to shower and toilet facilities.

Please let me know asap if you are interested in coming either sailing or camping. I will send you details of the camping charges and a map of the site. I plan to be there in my Camper-van and my boat is already at Cobnor with space for crew.

Thurs 08th August option to arrive and get set up.

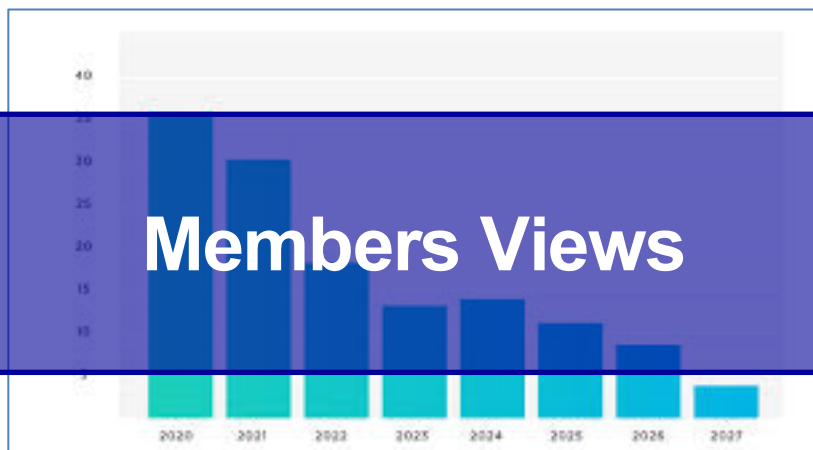
Fri 09th August HW15:23 BST; Height 4.5m; Range3.4 Spring

Sat 10th August HW15:55 BST; Height 4.3m; Range3.0 Mid Support Boat

Sun 11th August HW16:30 BST; Height 4.2m; Range2.7 Mid

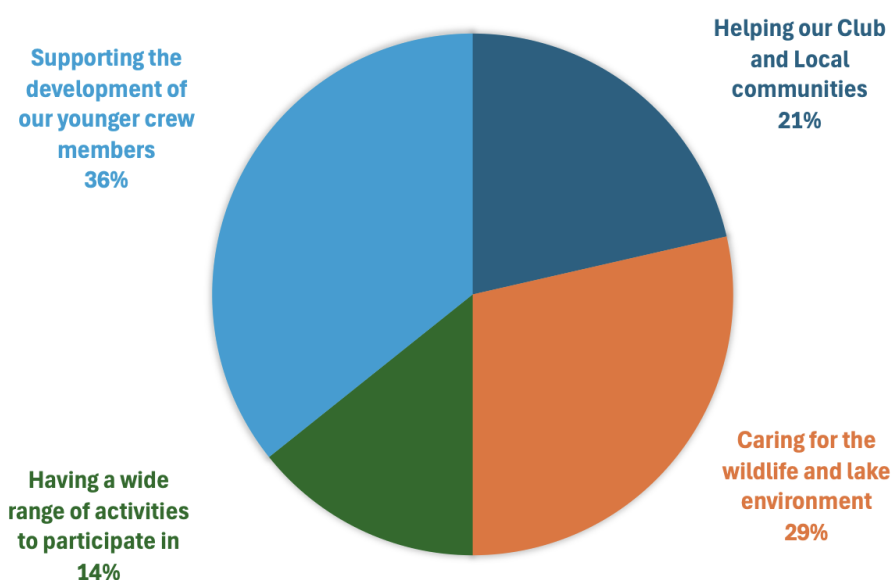
Fair winds, Donal





Last month we offered you the chance to share your views on various subjects and started with:

### What is most important to you?



We are already formulating ideas to support your priorities starting with Youth Development (*have you heard about The Grebe Club yet?*) as well as having plans for the other categories.

Three additional ideas were put forward and included, 'enjoying kayaking', 'just sailing', and 'socialising'.

The Club already offers all these things and next year, with your support, we will strengthen what we offer.

Please continue to give us useful insight by completing each month's survey and with that support help us, help you, our members.

Thanks,  
The Management Committee





# Kill Cord use – update

At our recent RYA annual inspection, we were told that we have to attach the kill cord around the knee or thigh, connecting it back on itself.

I think as a club, we have an excellent record of powerboat helms wearing the kill cord, but many of us have attached it around our ankles on the tiller steered boats, a practice that will have to change.

This change will restrict the powerboat helms movement, the RYA require that if we need to move beyond the normal driving position then we should stop the engine.

The RYA provide further information on best practice on their web-site:  
<https://www.rya.org.uk/water-safety/kill-cord>

Thank you for your cooperation.

Jeff, CMYC RYA Recognised Training Centre Principal

use your kill cord



It's there to protect you



[www.rya.org.uk/go/killcord](http://www.rya.org.uk/go/killcord)

**Attach it  
around your  
knee or thigh,  
not around  
your ankle.**



# NSSA Single Handed Team Racing



## NSSA EVENT INFORMATION Single Handed Team Racing 28<sup>th</sup> & 29<sup>th</sup> September 2024

Burton Sailing Club, Derbyshire, Foremark  
Reservoir DE65 6EG  
([burtonsailingclub.co.uk](http://burtonsailingclub.co.uk))

Camping on site will be available.  
Single Handed Team Racing in Toppers.

Teams will consist of 3 sailors and  
**'It is a lot of fun!'**

**BOATS are PROVIDED - JUST REGISTER  
AND RACE!**



The event is not just for Topper sailors as it is about tactics rather than speed.  
There will be lots of very short races where the team score is all that matters.

All sailors competing should be Under18 on 31<sup>st</sup> August 2024.

There will be prizes for Teams Under 16 and Under 12

Cost per team in the region of £150 - full details and NoR released soon.

CMYC have sent teams to this event a number of times and the sailors  
(and parents) have all had a great time.

***Any queries do ask me at Saturday Club or email me - [Diana](#)***







# Raft Building – 18<sup>th</sup> August



Start time 09.30am and Finish by 5.00pm

Looking for an adventure that combines creativity, teamwork, and a splash of excitement? Dive into our raft building activity, where you and your team will construct your own floating masterpiece using an array of materials and your collective ingenuity.

You'll learn the basics of raft design and construction, then put your skills to the test as you assemble a raft capable of conquering the waters. It's not just about building a raft; it's about building memories, strengthening bonds, and unleashing your inner engineer in a fun and dynamic environment.

Once your raft is ready, the real fun begins as you launch it into the water and compete in a thrilling race against other teams.



## BBQ available

We will be firing up the BBQ at lunchtime -bring along your own food if you would like to join in.

Please contact Martyn (martyn@muphi.com) if you would like to help, but do please have some fun yourself!

Book your spot (it's free!) on WebCollect - <https://webcollect.org.uk/cmhc/event/raft-building>



# Solent & Chichester Cruise Report

My concerns prior to the Solent Cruise on 29<sup>th</sup> July were twofold. Would I have enough bodies to launch the Ribcraft from the beach at low water and secondly given the forecast, would there be any wind whatsoever. I need not have fretted. Ten stalwart Mariners pulled the safety boat down the beach and launched it. Seafarers sailing Club were on hand nearby with their launching tractor but stood down on seeing what Crawley Mariners could achieve by hand. As to the wind, it was as predicted by the local sailors who prophesied a light breeze to start and a “sailing breeze” by lunchtime. Four dinghies launched, I was helming the Ribcraft ably crewed by Sarah Peay. The engine started first time, I lowered the prop, checked the telltale and engaged gear. All OK. I opened the throttle and nothing! Still just on tickover. My heart sank. No IOW if no Ribcraft! Steve Grey and I lifted the engine cover and Steve's trained engineer's eye spotted the problem straight away. The throttle linkage arm had just fallen off probably from the bouncing over potholes on the road down! Pressed back home and problem solved. Bembridge seemed a tad too far given the uncertain winds so we decided on Wootton Creek where the ferries go as an alternative destination. Our sail across was uneventful (no broken down aircraft carriers this year) and we enjoyed a picnic on a beach just east of the creek entrance. After lunch we headed back along the Island shore keeping clear of the shipping in the main channel before turning north and for home. Another successful Mariners cruise.

For the Chichester Cruise on Sunday 7<sup>th</sup> July there was certainly no lack of wind. We had a gusty SW F5 which built further about lunchtime. I launched my Victoria 16 from Cobnor with Sarah Peay and Richard Seagroatt as crew. We had two reefs in the main. We crossed to Itchenor and seeing the conditions we opted for a trip up to Dell Quay rather than facing the more exposed conditions towards the harbour entrance. We were met at Itchenor by Steve Grey and Ian Burroughs in Steve's Miracle and by Paul Rawlings and Andrew in a Gull Spirit. We sailed up to Birdham Pool where we enjoyed planing back and forth on some exciting reaches before making our way further up-channel. We saw the Hayling Island B Class lifeboat keep an eye on us as they headed up the channel on a training exercise. On arriving at Dell Quay we were hit by even stronger gusts and even hailstones. July in England! We were made very welcome at Dell Quay SC. They had cancelled their planned family day due to the weather. They put out a table specially for us and we enjoyed tea and wonderful home-made cake. We met the Harbour masters team and chatted over tea. Here we were eventually joined by Paul Hewett and Dave Edgar in Paul's Wanderer. They had opted for a more leisurely full breakfast before sailing. The wind was now augmented by a stiff sea breeze and the tide was starting to ebb giving a “wind over tide” chop as we set sail down channel. We still sailed with the two reefs and left the jib furled. Even so we still had plenty of speed and we were sprayed with salt water as we met the chop. We paused briefly at Itchenor to say goodbye to our friends and then crossed back to Cobnor. It was perhaps not the average summer cruise but everyone enjoyed the challenge. There were few other boats out.

Fair Winds

[Donal](#)





# 2024 Stage 1 & 2

## 2024 Junior Stage 1&2



**Instructors:** Amy, Alison, Mike S, Esher and Anna

This year we had 7 Junior sailors taking part in the RYA Stage 1 and 2 course. In true Hedgecourt style, we encountered all wind conditions on this course.

Day 1 started with strong Force 5 winds. This gave Alison and I chance to run some land drills and go through parts of the boat. In the afternoon we braved the wind and went out on the water. All sailors did amazingly to tackle the challenging conditions and stay with their boats even when they capsized.

Luckily the wind on Day 2 was more favourable. We went straight out on the water to practice our Tacking, Gybing and learnt about up wind sailing. By the end of Day 2 all our sailors were confidently sailing up wind.

The focus of the day 3 was to learn about the 5 essentials. As the day went on wind came through and gave the sailors a chance to practice the 5 essentials and see what difference they made to their sailing.

Day 4 brought in a light breeze. Whilst we waited for the wind to fill in Mike S taught the sailors some new knots and took them on a tow around the lake. As the wind filled in, we did some fun races, including a sailing backwards race around different course. This gave everyone a chance to practice all the skills we had picked up over the previous days.



# 2024 Stage 1 & 2



Well done to Jack B, Hugo, Teddy, Evan, Symon, Caitlin and Fleur who all passed.

Thanks to Alison, Mike S, Esher and Anna for all of their help.



What the sailors said

*“Great Fun and would motivate me to get up in the morning”*

*“It really helped me to become more confident and independent.”*

*“So much Fun”*

*“Windy”*





# Training & Development for all

## Upcoming Training & Development Opportunities

- Junior Saturday Club – 10<sup>th</sup> August – Booking open on WebCollect
- Adult Saturday Club – 17<sup>th</sup> August – Booking open on WebCollect
- Have A Go Racing – 4<sup>th</sup> & 31<sup>st</sup> August – Booking open on WebCollect
- Junior Helm Week – 19<sup>th</sup> – 23<sup>rd</sup> August – Booking closed.
- West Sussex Regatta – 21<sup>st</sup> – 22<sup>nd</sup> September at Shoreham SC (see separate article in this Newsletter)
- NSSA Single Handed Team Racing 28<sup>th</sup> & 29<sup>th</sup> September 2024 (see separate article in this Newsletter)

## Feedback

Please give feedback on any CMYC training, click [here](#) to complete the form, there is a link to form on the club Website in Members Area – Policies and Documents.

## New Instructor

Congratulations to Oli Gatton on gaining his Dinghy Instructor certification, his help will be very welcome.

## RYA Annual Inspection

Once a year the RYA come and inspect us during a training session to ensure that we are meeting the standards required to be a RYA Recognised Training Centre. There are three aspects to this:

Firstly, going through our relevant policies and procedures, such as Safeguarding, Operating Procedures and Staff Training. Each year the RYA feedback into their requirements from issues, incidents and situations that have arisen around the globe, resulting in some of our documents having to be updated. This year we have two to update, at least no new ones are required. Secondly, they check the boats and equipment used for training, these have to be in good working order. We had a couple of items lacking from the kit on the powerboats, things that have not been picked up on previous occasions. This resulted in a grade A action – something that has to be sorted immediately, this has been resolved.

Thirdly, they check the instruction being given. This involved listening to some of the briefings and watching the groups get afloat. This resulted in another grade A action. The problem was a powerboat helm was wearing the kill cord around the ankle – it now has to be around the knee or thigh. Fortunately, this



# Training & Development for all

has been resolved relatively easily, by making all our instructors aware of how they must attach the kill cord in future and updating our procedures. If you are a powerboat helm please take note.

## Junior Saturday Club – July

Our July Junior Saturday Club coincided with several of our regular instructor's holidays and the RYA annual inspection, but we managed to have a DI cover each of the planned groups. We had a big effort clearing the goose poo before the start of the session, with instructors and parents, grandparents even, mucking in – or should that be mucking out? Thanks to everyone who helped throughout the day.

The day started off warm with light winds and ended with torrential rain and stronger winds.

### **Oppies AM – report by Amy**

We had 5 boats for the morning oppie session, made up of some new and more experienced sailors. With the help of the parents we rigged up the oppies and made sure all sailors had helmets and buoyancy aids. Our Assistant Instructors Vanessa and Esther then went through where we sit in the boat and explained how we do a tack. We then went out on the water, where we practiced our beam reach sailing. To finish the session we played a game of collect the floating frogs and balls, all boats managed to collect a frog and some of the sailors came up with some good nicknames for the frogs. It was a successful session and all sailors came off feeling more confident than at the start.

### **Toppers 2 PM – report by Amy**

We started our session with a briefing about how we can use the 5 essentials to improve our light wind sailing and discussed roll tacks and the importance of being on the start line. It was very light wind so we drifted out and slowly sailed round a triangle course. We then practiced our mark rounding skills by doing tight circles around the buoys. As a small bit of wind came though we did some mini races around a sausage course, the group got very competitive and we had some tight races. For a bit of fun we did some capsize drills and managed to get back to the jetty just before the rain storm started. Overall good session and improved skills from all.



# Training & Development for all

## August Saturday Club - 'FUN RACE' report by Diana



We had five very keen Topper sailors taking part in the July Fun Race, four with 5.3 rigs and one 4.2 rig. There were three regular sailors joined by one new member - Oscar and Caitlin who had just completed her RYA Stage 1 & 2. The winds were light but everyone managed to do two laps finishing closely together.

Many thanks to Celina for helping with the results and to Matt for laying the course and coaching where necessary.

Hope to see all of you racing again on August 10th at the next Saturday Club. We are always pleased to see newer Topper sailors joining in, as it really helps to improve your sailing skills and find out how easy and good fun racing can be.

The Fun Race is only 25 minute long and starts promptly at 13.00 so that sailors from the AM or PM sessions can join in. If you can tack, gybe and sail a triangle you will have no difficulty in taking part. There will also be a support boat and an instructor on the water giving help and advice to anyone that needs it.

For those new to the fun race.

### TIME TABLE:

1. Find a boat – if you are using a club boat please ask an instructor to allocate you with one or rig your own ready for 12.30.
2. Sign on – add your name, class of boat, sail number and sail size to the signing-on sheet located just outside the clubhouse.
3. Briefing 12.30pm – (changed ready to sail) this takes place just outside the clubhouse
4. Launch – 12.40 - head out to the sailing area by the Maid of Kent. The race starts at 13.00 - sailors need to be near the MOK about five minutes before that to hear the whistle for the start. Finish after 25 minutes (2/3 laps) Hopefully it is now Summer, so remember you will need suntan lotion and a hat.

If wearing a cap you will need some string to tie it on to your buoyancy aid.

*Looking forward to seeing you there, and it would be lovely to see some new sailors as well having a go. (Diana)*





# Training & Development for all

## Adult Saturday Club - Report by Jeff



We were limited by the number of instructors available again this month, fortunately we had several participants who were able to sail without an instructor. The weather was good, wind shifty as always. Thanks to Mike T and Caroline for helping out. A number of sailors, not part of Saturday Club, also took the water, so there was a good turnout. We welcomed new member Alex and her daughter who had a great time together in the Pico.

Thanks to Christina & Ursula for stepping in as RO/ARO for the afternoon races.



# West Sussex Regatta 2024

**Saturday 21st and Sunday 22nd September**



**Hosted by Shoreham Sailing Club**

**Entry fees: £20 (single-handers) and £40 (double-handers)**

Last year we had a great weekend at Itchenor SC with some great results with 1<sup>st</sup> and 3<sup>rd</sup> in the ILCA6 and a 3<sup>rd</sup> in the Topper Fleet. Our Rookies had a great time encountering the many challenges a tidal venue can bring (including lots of towing!). They all went home with big smile.

Once again WSSYSA have organised coaching session before and after the racing each day run by Jack Miller (RS Youth Champion) and Tim Hulse (National ILCA training manager).



They will also be celebrating participation at this event just as much as podium places, so there will be a bumper prize table with something for all participants. There will be a Rookie Fleet for those just setting out on their racing experience, as well as fleets for Fast, Medium and Slow handicap. Fleets will be sorted out into three equal size fleets, plus the Rookie fleet, once all the entries are received

Entry is open to all sailors who are under the age of 19 on the 31<sup>st</sup> August 2024, sailing monohull and non-foiling dinghies with a PN issued by the RYA. All boats must be able to be identified by having unique sail designations.

Competitors shall enter as teams that are managed by an adult Team Manager. *(Team Managers shall have authority to act in loco parentis during the regatta and will ensure competitors are aware of, and have read, all other associated documents.)*



# West Sussex Regatta 2024

## Fleet Description:

1. Fast handicap - Monohull dinghies with a PN of TBD or lower
2. Medium handicap - Monohull dinghies with a PN of TBD to TBD
3. Slow handicap - Monohull dinghies with a PN of TBD or higher
4. Rookie Monohull dinghies with a PN of 1139 or higher crewed entirely by rookies

(A 'rookie' is a sailor who has not previously taken part in a significant open regatta away from home other than participating in the 'Rookie' fleet of a previous WSSYSA Regatta (as endorsed by the Team Manager)

We are not able to camp at Cobnor this year as it is a little too far from Shoreham SC, so we will be travelling to this event each day.

Any parents able to tow please let me know, so we can utilise the club's trailers to share towing. We would appreciate a few parents being willing to help with launching and recovering the boats before and after racing, so come suitably dressed and prepared if you are able to help with this. We also need someone to ensure our team trollies stay together whilst sailing is in progress and ensure sailors tally off when they come ashore.

N.B. We have once again been asked to support the event with a powerboat. Please let me know if you would be interested in helping with this either by towing or driving/crewing on one or both days (RYA Safety Boat endorsement required).

***BOOKINGS open on Webcollect on the 5<sup>th</sup> AUGUST.  
PAYMENT should be made by 31<sup>st</sup> August***

## ***Sailing Instructions and Notice of Race:***

If you are intending to join us, can you please email me asap so that I can send you the Notice of Race, plus the SI's and the loco parentis form for parents to complete and return to me, **no later than 18<sup>th</sup> August.**

You can complete and return it via email. Or give it to me at the Lake on **10<sup>th</sup> August** (at Junior Saturday Club).

The Team Entry and payment are due by **2<sup>nd</sup> SEPTEMBER** so your quick response would be much appreciated.

Any questions do not hesitate to contact me.

**[Diana Thompson](#): (01737 552482)**



# CMYC Programme - August

Sat	3	RYA Safety Boat	Hedgecourt		
Sun	4	Sunday Social - Come 4 coffee stay 2 Sail	CMYC Clubhouse	10:30	
Sun	4	Social Sailing 4	Hedgecourt	14:00	Support boat cover
Sun	4	Have a Go Racing 4	Hedgecourt	14:30	3 or 2 races of 20 or 30 mins
Mon	5	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect
Wed	7	Wealden Water Voles	Hedgecourt	09:00	Hosting children from London
Wed	7	Hedgecourt Cup 8	Hedgecourt	19:15	1 x 45 min. race
Thu	8	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Thu	8	Family camping arrival	Cobnor Estate - Chi' H		
Fri	9	Family camping (spr tide HW 15:23)	Cobnor Estate - Chi' H		
Fri	9	Wealden Water Voles	Hedgecourt	09:00	Hosting children from London
Sat	10	Junior Saturday Club	Hedgecourt		Register by preceding Wednesday
Sat	10	Family camping (mid tide HW 15:55) Support boat	Cobnor Estate - Chi' H		
Sun	11	Family camping (mid tide HW 16:30)	Cobnor Estate - Chi' H		
Mon	12	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect
Wed	14	Wealden Water Voles	Hedgecourt	09:00	Hosting children from London
Thu	15	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Fri	16	Wealden Water Voles	Hedgecourt	09:00	Hosting children from London
Fri	16	Women on Water (TBC)	Hedgecourt	18:00	Social evening sailing for women
Sat	17	Adult Saturday Club	Hedgecourt	09:30	Register by preceding Wednesday
Sat	17	Beginners Race Series 6	Hedgecourt	13:30	30 min race
Sat	17	One per Month Series 6	Hedgecourt	15:00	1 x 60 min race
Sun	18	Raft Building	Hedgecourt	09:30	AM & PM sessions
Mon	19	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect
Mon	19	Junior Helm Week	Hedgecourt		Register via WebCollect
Tue	20	Junior Helm Week	Hedgecourt		Register via WebCollect
Wed	21	Junior Helm Week	Hedgecourt		Register via WebCollect
Thu	22	Junior Helm Week	Hedgecourt		Register via WebCollect
Fri	23	Junior Helm Week	Hedgecourt		Register via WebCollect
Sat	24	Itchenor Cruise (spr tide HW 15:38)	Chichester Harbour		
Sat	24	One Day Series	Hedgecourt	10:30	4 x 40 min races
Sat	24	Comet National Championships 1	Merthyr Tydfil SC		
Sun	25	Comet National Championships 2	Merthyr Tydfil SC		
Mon	26	Comet National Championships 3	Merthyr Tydfil SC		
Mon	26	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect
Thu	29	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Sat	31	Social Sailing 5	Hedgecourt	14:00	Support boat cover
Sat	31	Have a Go Racing 5	Hedgecourt	14:30	3 or 2 races of 20 or 30 mins

## Got News?

Follow us on [Facebook](#) and [Instagram](#) to keep updated throughout the year or [email us](#) if you have any news for future newsletters.

Deadline for next newsletter articles is Wednesday 28<sup>th</sup> August 2024

